

Kushindokai students at Acton tournament



Students from Kushindokai Karate and Fitness travelled to Acton on Sunday, October 16, to compete in the Cripsin Karate Shiai. In the 9-10 year old division, first-time competitor Braydon Bettonvil took second in kata, while fellow student Makayla Currie won first place.

In the 7-8 year old division Kolby Frankland won first for kata and third for sparring. Liam Rogan, another first-time competitor, placed fourth in sparring.

In the 13+ divisions Elias Tsilimidos took first in sparring and placed second in kata at the Novice level. In the Advanced division Carley Spiteri took home first with a strong performance of Kanku Sho.



?We had some students competing in their first tournament today. They haven't been training long so I think they were a little nervous but they had fun and they did a great job,? said head instructor and school owner Sensei Michael Fisher. ?I'm proud of them all. They represented Kushindokai with honour and integrity. While we don't typically focus on tournament competition at our school, with the training our students go through and the expectations we set for them, they are usually well-equipped for competitions. We encourage students who want to try competing; it helps them build confidence which they can bring back into the dojo. We keep the focus on having fun and just giving their best effort.?