

Mono Nordic hosts annual Invitational



The Mono Nordic Ski Club hosted its annual Invitational cross country ski event on the grounds at Monora Park on Saturday, January 23.

Around 220 cross country skiers turned out for the timed races and participated in several different events over different length courses.

Despite a lack of heavy snowfall this winter, there was plenty on the ground and pre-planning and a lot of work by trail grooming staff made conditions about perfect on the trails.

"The event is open to all clubs and high schools across Ontario," Explained the event's Chief of Competition, Cullen Perry. "We have around 220 skiers in 13 categories here today. We have a lot of new skiers this year."

Course lengths run from 1.5km right up to a full 10km route that winds all the way through Monora Park.

Club skiers will score points based on their time and those points will go toward their total on race circuit for the season.

The Mono Nordic Club has several programs available including Track Attack for kids aged nine to 13 years old.

"It's for kids who want to learn how to race and learn technique," Perry explained. "It's a lot of fun."

The Club also has a Junior Development program for those ages 13 to 19, and a Masters Program for adults.

You can learn more about the Club and what it offers on their website at: www.mononordic.com.